

# A TYPICAL DAY ON GRAD TRIP

## WAKE UP

Roll out of bed, have your morning swim with your mates while catching up on last night's antics, brush teeth (or not) and you're ready to start your day!

## Breakfast 10am

Ohh yeeeah! Fresh coconut water, bacon, eggs and snags with all them tropical fruits on the side. Yeeewwwwwww!

## Lunch 1pm

Check out the extravagant buffet where you can choose from bbq lamb, noodles, Fijian delights or the standard pub style steak and chips. Your plate will always come back full!

## Dinner 7pm

Time to refuel, recharge and get ready for the evening event. Also the perfect time to catch the sunset with long walks along the beach or from the lookout point along with solid D n' Ms!

## D Floor Time 10pm

Get your shower on and pull out your party outfit (thongs optional). Along with the norm there are themed parties as well! These include Gender Bender, School's Out, Black & White Formal Grad Dinner or suggest a theme of your own via the Unleashed FB events!

## Ready For Another Day!

Get into your oh-so-comfy hotel bed to rest up and rejuvenate for another amazing day on your #TripofaLifetime.

## 9.30am Yoga

Keep your mind, body and soul on point with a beach yoga session and build an appetite for breakkie. Or get ready for the optional Cloud9 Pontoon party.

## 11am Chillin' Out Maxin'

Soak in the amazing weather while relaxing in a beach-side palm tree hammock, join a game of beach volley ball or go for a walk to the look out point. It's really your time to relax to the max!

## 2pm Pool Partyaaaaay! ✓

Pool? ✓ Party? ✓ Sunshine? ✓ Tunes? ✓ Palm Trees? ✓ Shades? ✓ Mates? ✓ Shakas? ✓ = 100

## 8pm Evening Entertainment

It's karaoke! It's speed dating! It's U Factor! It's Mr & Mrs Unleashed! It could be any one of these events. With everyone on the island taking part, this is where things get interesting...

## Late Night Feast

Taste the famous chicken burgers of Mana Island or the famous ham & cheese toasties of Plantation Island. These are like ah-may-zing! Red Frogs and Unleashed Crew will remind you how to get to your room incase you forget...

All above activities are optional. If you want to, you can relax and unwind all day long.